



Veterans & Families – Listening Project

email: veteransnfamilies@yahoo.com

www.vflp.org.uk



Tuesday 10th March 2020

V&F-LP supports our Armed Forces Veterans by putting Veterans & Families first, wherever they maybe.

Open 10:00am – 1:00pm

Every 2nd Tuesday of the month



This month 10:20 am V&F-LP gives a warm welcome to Al-Anon Family Groups UK & Eire.

They are there for anyone whose

life is or has been affected by someone else's drinking.

Our members provide meetings in all major towns and cities and are committed to being there for you when you need help. Whatever your relationship with the drinker, you will find other people who have similar stories to tell. You will realise that you are not alone. Listening to the shared experiences of others may help you find the confidence you need to deal with the effects of someone else's drinking.

For further information please visit their website: www.al-anonuk.org.uk

Let's Catch-Up with Ali & THE Veterans' Well-Being group

Hello Everyone!

I am really looking forward to catching up with you all again for our Wellbeing Group for March.

We are growing fast as a fantastic group who advise and support each other, sharing wisdom and also having a fair few laughs along the way.

We would really love to have some others of you to join us- so please do pop along!

This month, in addition to catching up with each other, we will continue to explore and share some solutions about managing and conquering some of our stresses, including thinking about the importance of our breathing and how our thinking can catch us out sometimes!!

So grab yourselves a brew and come and join us at 11.15!

Ali

Veterans' Vibes



It is with a heavy heart that I type the following. On Friday 14th February 2020 Ann Doran a dear friend to us all passed away.

V&F-LP are sorry for Tony's loss, Ann was such a great person she will live on in our memories. Our heartfelt condolences go to Tony and his family. Words cannot express our sorrow.

...IT'S TIME FOR... HOT TOPICS.

So, grab a snack & come-on BACK

The Aldershot Militaria Society



Monthly Meetings | Regular talks
Show and tell | Discount military book stall
Annual Quiz | New Members most welcome
Only £15 annual subs

7.00pm Last Thursday of each month
NEW MEMBERS WELCOME
for more information ian_chatfield@hotmail.com

New venue
The Aldershot
Military Museum
Queens Avenue
GU11 2LG





CAMBERLEY ARMED FORCES DAY

- SATURDAY 20TH JUNE 2020 -
10.00 am - 4.00 pm - PARK STREET



This event is brought to you by
**Collectively
Camberley**
by Camberley

This event is proudly supported by
V&F-LP
Volunteers & Families - Supporting Progress
www.vfpl.co.uk

Thank you to one of Veterans that wanted to share the following news.

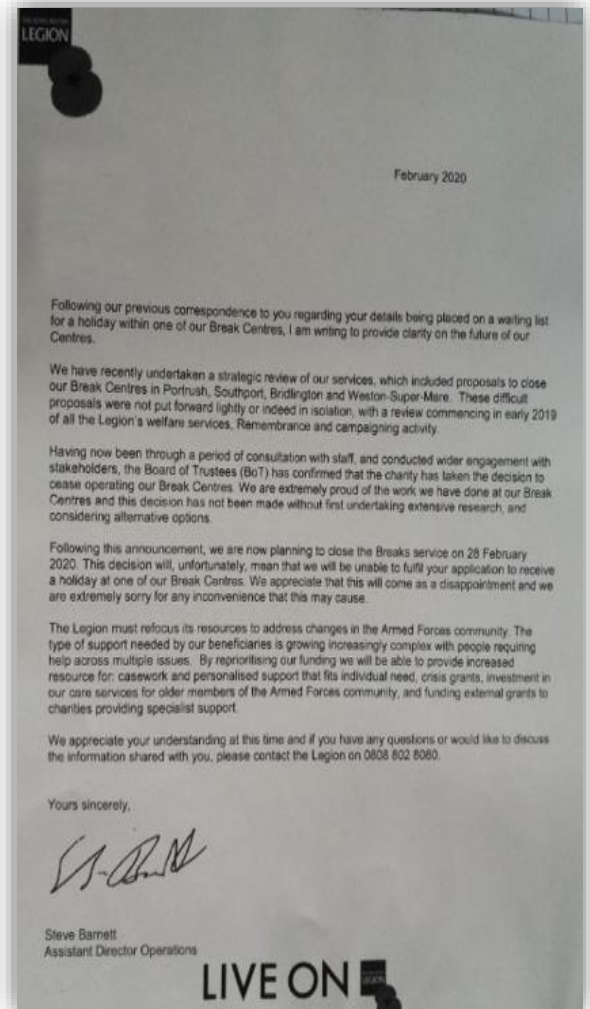
Following our previous correspondence to you regarding your details being placed on a waiting list for a holiday within one of our Break Centres, I am writing to provide clarity on the future of our Centres.

We have recently undertaken a strategic review of our services, which included proposals to close our Break Centres in Portrush, Southport, Bridlington and Weston-Super-Mare. These difficult proposals were not put forward lightly or indeed in isolation, with a review commencing in early 2019 of all the legion's welfare services, Remembrance and campaigning activity.

Having now been through a period of consultation with staff, and conducted wider engagement with stakeholders, the Board of Trustees (BoT) has confirmed that the charity has taken the decision to cease operating our Break Centres. We are extremely proud of the work we have done at our Break Centre and this decision has not been made without first undertaking extensive research, and considering alternative options.



Following this announcement, we are now planning to close the Breaks service on 28 February 2020. This decision will, unfortunately, mean that we will be unable to fulfil your application to receive a holiday at one of our Break Centres. We appreciate that this will come as a disappointment and we are extremely sorry for any inconvenience that this may cause.



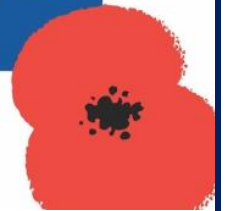
The Legion must refocus its resources to address changes in the Armed Forces community. The type of support needed by our beneficiaries is growing increasingly complex with people requiring help across multiple issues. By reprioritising our funding we will be able to provide increased resource for: casework and personalised support that fits individual need, crisis grants, investment in our care services for older members of the Armed Forces community, and funding external grants to charities providing specialist support.

We appreciate your understanding at this time and if you have any questions or would like to discuss the information shared with you, please contact the Legion on 0808 802 8080.

Yours sincerely

Steve Barnett
Assistant Director Operations

THE ROYAL BRITISH
LEGION

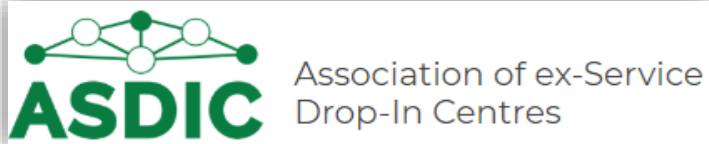


Reference personal correspondence dated 02.2020

Thank you
V&F-LP

would like to take this opportunity
to say thank you
to the Sandhurst Trust for their
generous donation of a projector &
new screen.





A word from ASDIC the association of ex-Service Drop-In Centres.

IMPORTANT - CORONAVIRUS

I know we all have enough to deal with, and without stating the obvious, I thought we should all be reminded of the present public health situation. With the possibility of a wider spread of Coronavirus across the UK, we should all be aware of the actions to be taken should we come across a suspected case. Advice is available widely on the internet, TV and press. Broadly, we must follow the latest NHS guidance on either prevention, self-quarantine (if self-suspect) and/or dialling 111.

If this changes, the NHS or Government websites will be updated as the situation unfolds – and we will be informed.

Please also be aware that there will be no 'priority treatment' for Veterans, should the question arise.

Best wishes

Tracy

Director, Association of ex-Service Drop-In Centres (ASDIC)



Further information can be found on the NHS Government website:

www.gov.uk/guidance/coronavirus-covid-19-information-for-the-public



Please find below a link to the World Health Organisation:

www.who.int/emergencies/diseases/novel-coronavirus-2019

KINGSCLEAR

CINEMA

Wednesday 15th January (And Then Every Wednesday) 10:30am - 12:30pm

Free Weekly Cinema Club

If you or anyone that you know may enjoy this weekly experience, then please come along and join our cinema club. We would be delighted to welcome you!


Enjoy Our State Of The Art Cinema
New Film Every Week
Come & Make New Friends
Enjoy Our Bistro After The Film - Free Tea & Cake

Please contact
Mark Laundry
0808 223 5516

Kingsclear
Park Road
Camberley
Surrey GU15 2LN

www.caringhomes.org



CARING HOMES 

JANUARY

FEBRUARY

MARCH

APRIL

MAY

JUNE

EVERY 2ND TUESDAY OF THE MONTH

14TH

11TH

10TH

14TH

12TH

9TH

**ST. MARY'S CHURCH & CENTRE, PARK ROAD,
CAMBERLEY, SURREY; GU15 2SR
10:00 AM - 1:00 PM**



Planning a holiday!

Special Assistance and disability Facilities
at UK Airport

www.ego.net/specialassistance.htm

Many UK Airports have various facilities
for people with any kind of disability
including hidden ones, if you are

travelling and need extra help. Visit their website and check-out what facilities
are offered at your local airport.

The Rights of Passengers with a Disability or People of Reduced Mobility (PRM's)

Any airline passenger who requires extra assistance due to a disability, illness or reduced mobility is entitled to it by European law. This includes those that need extra help due to mobility issues, age, illness, sensory disabilities, learning or psychiatric disabilities. In addition those who require extra help due to a temporary injury or illness, for example a broken bone, are also entitled to it.

V&F-LP
Veterans & Families-Listening Project
Email: veteransnfamilies@yahoo.com

**VETERANS & FAMILIES
EXTRAVAGANZA**
Open to all Veterans & Families
Wherever they be... Every 2nd Tuesday
of the month, 10 am – 1 pm

**TEA & COFFEE
CAMARADERIE
VETERANS' WELL-BEING GROUP
SELECTION OF DAILY NEWSPAPERS
GUEST AGENCIES / CHARITIES +
SUPPORT NETWORKS
GUEST SPEAKERS
NO APPOINTMENT NEEDED**

St. Mary's Church & Centre,
Park Road, Camberley,
Surrey; GU15 2SR

*What THE support
is goin' on...*

Team V&F-LP are looking forward to seeing you

Tuesday 10th March 2020

10:00 am onwards (we close at 1pm)

St Mary's Church & Centre, Park Road,
Camberley, Surrey; GU15 2SR.

All information correct at the time of going to press & PDF
Veterans & Families-Listening Project (V&F-LP)
does not endorse any products or service(s) advertised.