



**Veterans & Families – Listening Project**

**email: [veteransnfamilies@yahoo.com](mailto:veteransnfamilies@yahoo.com)**

**[www.vflp.org.uk](http://www.vflp.org.uk)**



# **Welcome to our September mini-newsletter**

Three. Two. One month ago... Team V&F-LP were eager to open their doors and ready to launch their amazing selection of delicious teas, coffees & juices once again, as well as introduce a special guest appearance\* for you all to enjoy!!!

However, due to current situation surrounding Covid-19, V&F-LP unfortunately have had to delay their opening. But we realised there is no better time than now for Veterans & families to enjoy our September mini-newsletter at home!!!

So, take a break for just a few moments, and cast your eyes over the latest feast that we've got instore for you...



Yo, dude, bro, broski . . . rad barrels out there! Ankle busters & backdoor, bailing it, socially distancing surfing...

Surf slang has got to be one of the most unique and recognisable slangs in the English language. Countless movies have portrayed the special way surfers talk,

Luckily, we don't need to overthink it to enjoy it, as our

guest speaker on **Tuesday 22<sup>nd</sup> September at 7:00 pm** we have the privilege of introducing to you - **Surf Action.... On ZOOM**

**Surf Action** supports the Military Covenant by promoting and protecting the physical as well as psychological wellbeing of serving & former serving members of the Armed Forces as well as the Blue-Light Emergency Services and their families who are living with physical and/or psychological difficulties as a result of their service and to assist them into making the transition into civilian life.

Surf Action has developed and refined its own educational route pathways through which the service users can achieve their specific needs and they are incorporated within Surf Action's 'Integrated Joined-Up Recovery Programme'.

For more information please visit their website: [www.surfaction.co.uk](http://www.surfaction.co.uk)



If you would like to drop-in please email:  
[veteransnfamilies@yahoo.com](mailto:veteransnfamilies@yahoo.com) for a ZOOM link



Veterans  
Well-Being  
group

ON  
ZOOM!!!

12:00 start



..That's  
great  
news...

With Ali

Tuesday 22<sup>nd</sup> September at 12:00 pm - 1:15pm  
on ZOOM



[www.linkedin.com/in/veterans-families-listening-project-aa9a74b0/](http://www.linkedin.com/in/veterans-families-listening-project-aa9a74b0/)



[www.facebook.com/VeteransnFamiliesListeningProject](http://www.facebook.com/VeteransnFamiliesListeningProject)



@VnF\_LP

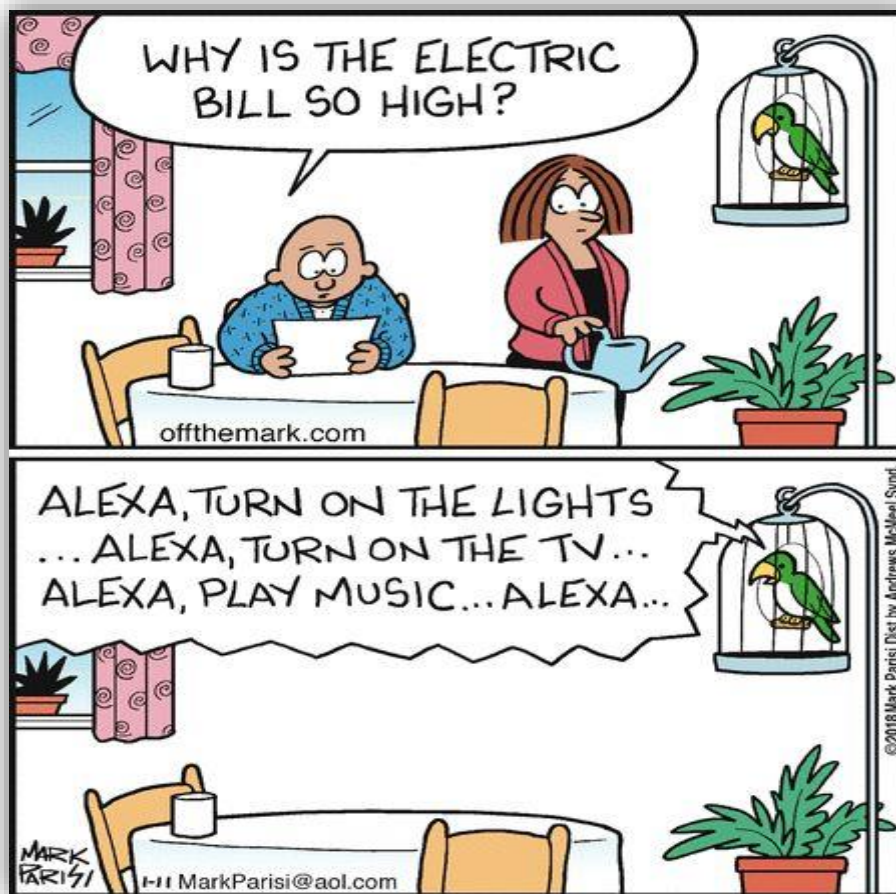


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email: veteransnfamilies@yahoo.com  
www.vflp.uk

V&F-LP is an independent member of ASDIC.  
The association of Ex-Service Drop-in Centres.  
Linking Veterans' Drop-ins together across the  
United Kingdom.







Grab a snack, & come right back because  
it's.....

Time for Hot-Topics.....



V&F-LP have been contacted for our assistance & hope that you can help too.

Your support will enable The Not Forgotten (TNF) to

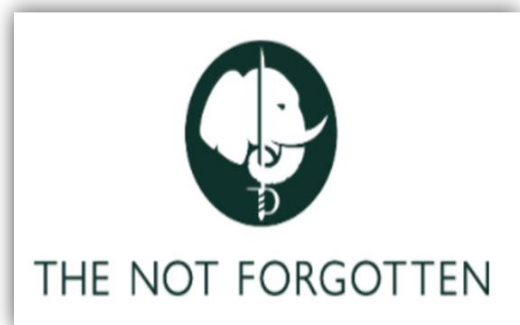
find as many World War II Veterans as possible so that they

can give them a bit of a cheer at this extraordinary time, remind them their service remains valued, and that they are not forgotten. Any Veteran of the Royal Navy, Army, Royal Air Force and Merchant Navy who served during WW2 (1939-1945) and who lives in the UK is eligible to receive the gift box known as the 'Forgot You Not Box.' This includes those who served in the Commonwealth Armed Forces in support of Britain's war effort and now live in the UK.

The aim is to bring the Veterans a bit of cheer and to thank them for all they gave. It will also be an appropriate way to acknowledge 100 years of support by The Not Forgotten to those who have suffered and served their nation.

To register for the gift the Veteran, or authorised member of their family or carer needs to send The Not Forgotten the following information:

- Full name (first name, surname & maiden name if appropriate), and Date of Birth
- Service number & Military details – Arm/Unit of service & dates if known
- Full postal address & telephone number
- Details of individual / organisation providing this data if the Veteran

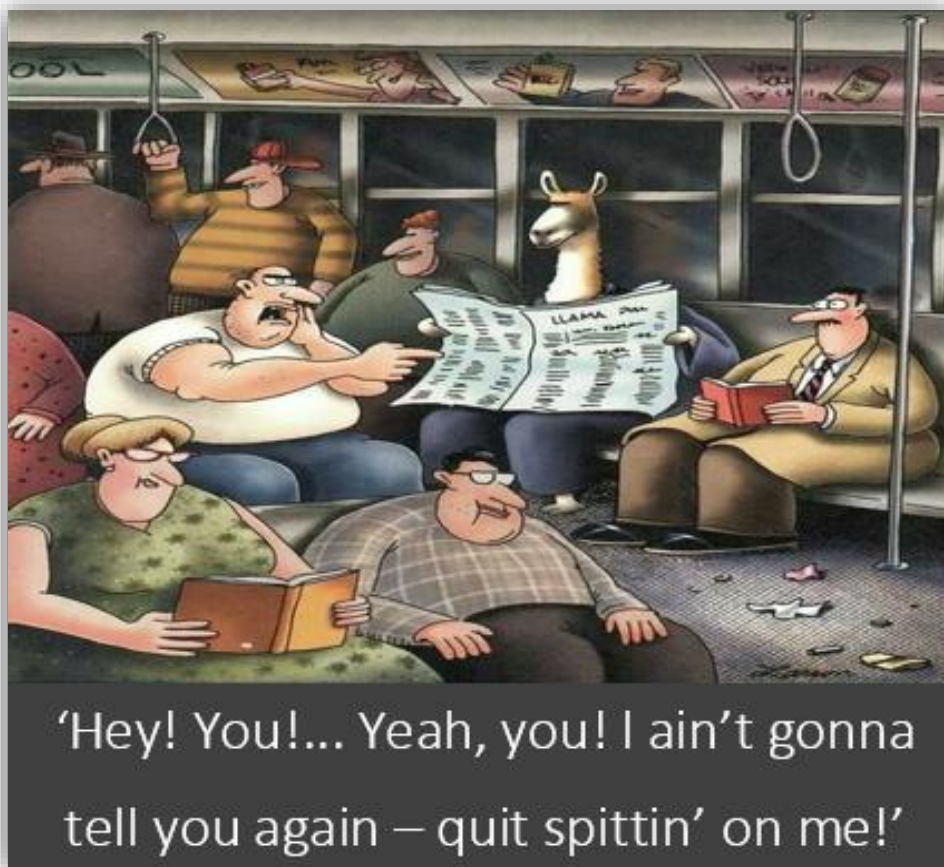




Details can be submitted online at:  
<http://thenotforgotten.org/how-we-help/forgot-you-not/>

(Which will go live on the 15<sup>th</sup>  
September 2020) or sent to  
[info@thenotforgotten.org](mailto:info@thenotforgotten.org).

This information will not be shared and will be deleted once the project is complete.





Every year, the Legion calls on the nation to unite in commemorating Remembrance Sunday.

On Sunday 8 November 2020, the National Service of Remembrance is planned to be held at the Cenotaph on Whitehall in London.

Places to take part will again be allocated through ex-service and related civilian associations. Initial communications were sent out to associations in April 2020 to gather expressions of interest.

Due to the Covid-19 pandemic, we are continually reviewing our events and to ensure better clarity on the situation in November, the Legion will communicate its full plans for this year's Cenotaph dispersal in early autumn.

Thank you for your continued patience while we navigate new ways of working in these unprecedented times.

REF: [www.britishlegion.org.uk/get-involved/remembrance/remembrance-events/remembrance-sunday?fbclid=IwAR1y65h0GfEsZDbiVCLFeliWwK252UzmKouERD5KTzFAJ4tWV-E6ZR4iX5g](http://www.britishlegion.org.uk/get-involved/remembrance/remembrance-events/remembrance-sunday?fbclid=IwAR1y65h0GfEsZDbiVCLFeliWwK252UzmKouERD5KTzFAJ4tWV-E6ZR4iX5g)

\*However, please note that in the current circumstances of Covid-19 some events are likely to change.



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## The Queen's Award for Voluntary Service

You still have time to nominate a group for The Queens Award for Voluntary Service. It is the highest award given to local volunteer groups across the UK to recognise outstanding work done in their own communities. It was created in 2002 to celebrate the anniversary of The Queen's coronation. It is the MBE for volunteer groups. Closing date for nominations midnight on **25<sup>th</sup> September 2020**.

Website: [www.qavs.culture.gov.uk](http://www.qavs.culture.gov.uk)

Article from Rushmoor Voluntary  
Services







"I think it stands for, "Please Eat The Activist," which is exactly what I did!"

Royal Navy  
Army  
RAF  
Families  
Reserve Forces  
Veterans

**LIVE**  
WORKSHOPS  
WEBINARS,  
& Q&As

# NATIONAL **VIRTUAL** CAREERS FAIR

Log in <https://Tidworth2020.omnivil.com>

09:30 hrs 17th September 2020

23:59 hrs 23rd September 2020



# National Employment Virtual Careers Fair Tidworth

The National Employment Virtual Careers Fair Tidworth event will be running from the 17<sup>th</sup> - 23<sup>rd</sup> of September 2020, and can be found at [www.tidworth2020.omnivil.com](http://www.tidworth2020.omnivil.com) it is completely FREE for attendees to register.

National Employment Virtual Careers Fair Tidworth will have a wide variety of companies exhibiting, and over 40 Businesses looking to either hire people or offer as well as recommend courses to help you gain the skills that you need for your chosen role. There will also be multiple Q&A's as well as 'Live' web-chats hosted by the companies participating at the National Employment Virtual Careers Fair Tidworth, providing the opportunity for you to have direct access, on a one to one basis.

For contact details as well as further information E-mail:  
[info@bfrss.org.uk](mailto:info@bfrss.org.uk) Telephone: 02476 939 931



Team V&F-LP passed-by yours over the last few weeks, with plenty of social-distancing seating, free wifi, filtered water-refills, plug sockets and all. Team V&F-LP found quite a lot of perfect spots for dropping-off some surprise tea, coffee & chocolate baskets as a BIG thank you for Veterans & Families. We hope you enjoyed them.





# The Map of Need

The Northern Hub for Veterans and Families Research at Northumbria University used funding from Covenant Fund to develop a map of veterans' and their families' welfare needs across the whole of the UK, based on data from public sources, statistics, health data and data directly from Armed Forces charities.

## **We call this the Map of Need.**

There are currently thought to be around 2.75 million veterans living in the UK. To date, there has been little understanding of veterans' specific regional needs, provision in those regions and numbers of veterans and their families needing access to this provision.

With the wellbeing of ex-Service personnel in the UK a national focus in recent years, the Map of Need provides an important Public Health Observation function with implications at a local, regional and national level.

It enables the comparison of multiple data sources and research findings, providing users with an accurate picture of our veteran population, now and in the years to come.

## **What does the Map of Need show us?**

Through a series of reports, the Map of Need gives clearer insights into where veterans are within the UK, what their current needs are

and what their future needs might be, by looking at the support they have asked for or accessed.

One of the main goals of the Map of Need project is to provide evidence-based findings about the veteran population. Data sharing partnerships are central to the analysis within the project, giving the ability to statistically compare multiple data sources when examining a veteran or family issue, and then compare these with wider research findings. REF: [www.covenantfund.org.uk/the-map-of-need](http://www.covenantfund.org.uk/the-map-of-need)



## **Strategic programme launched to address suicide risks among vulnerable veterans**

The Armed Forces Covenant Fund Trust has launched One is Too Many; a specialist, targeted programme. This programme will fund projects that address the difficulties experienced by vulnerable veterans in dealing with suicidal thoughts and feelings; but who are not successfully accessing the support that they need.

### **Targeting significant challenges**

This programme will fund a small number of projects that will provide urgent support and coordinated assistance to veterans most at risk of suicide or self-harm to help them access the care that best meets their needs; targeted to veterans who are not engaged with services that can offer appropriate support. It can also fund projects that can demonstrate that they would hope to reduce suicide levels in the future through this funded work.

The needs that this programme is trying to address are complex, and grants of up to £300,000 are on offer. Projects that can show that

they are working with partners and that their proposed idea promotes a joined-up approach with care pathways and reduces duplication are more likely to be awarded a grant. Grants under this programme will be limited, and it is likely that only 3-5 projects will be funded.

Website: [www.covenantfund.org.uk/2020/08/27/strategic-programme-launched-to-address-suicide-risks-among-vulnerable-veterans](http://www.covenantfund.org.uk/2020/08/27/strategic-programme-launched-to-address-suicide-risks-among-vulnerable-veterans)

## Complimentary:

- **Parking**
- **Tea & Coffee**
- **Banter**
- **WiFi**



\*Team V&F-LP do not want to spoil the surprise planned for you!!

Team V&F-LP are looking forward to  
seeing you  
Soon  
Have FUN, stay SAFE

All information correct at the time of going to press & PDF  
Veterans & Families-Listening Project (V&F-LP)  
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